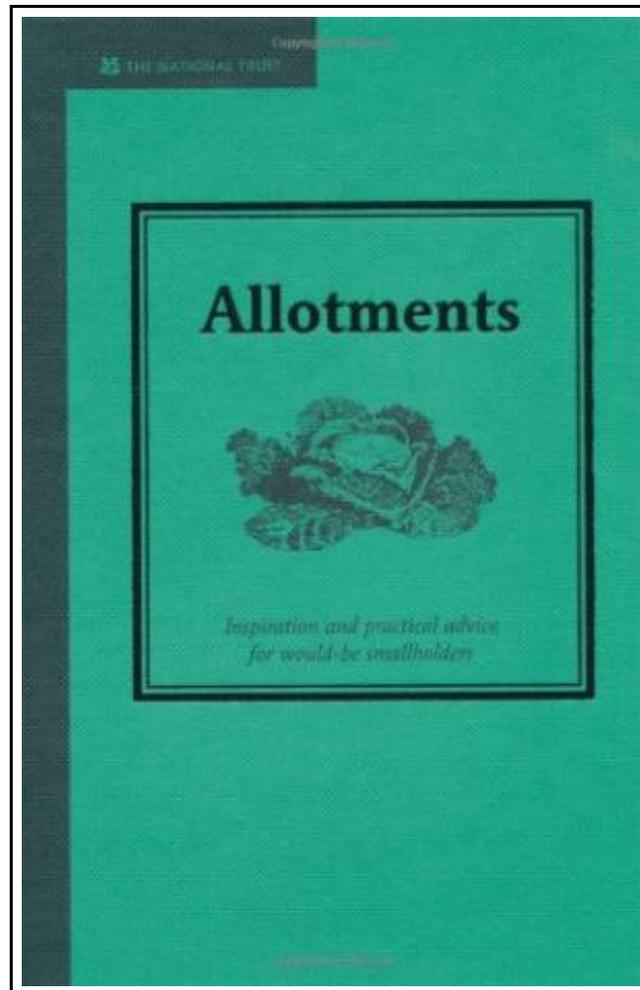


## Allotments: A Practical Guide to Growing Your Own Fruit and Vegetables



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Pavilion Books. Hardback. Book Condition: new. BRAND NEW, Allotments: A Practical Guide to Growing Your Own Fruit and Vegetables, Jane Eastoe, An allotment is one of the best - and cheapest ways - of getting hold of valuable gardening space to grow you own. Plus it offers one of the most relaxing atmospheres with the chance to mix with fellow gardeners. Your allotment can provide enough fruit, veg and herbs to feed most small families (and cut flowers to adorn the kitchen table) - produce that will taste and look much better than anything shop bought. Jane Eastoe guides you through allotment life, from how to find an allotment, how to plan one out, what to grow, crop rotation, how to store your harvest plus some of the best recipes so you enjoy the fruits of your labour. Great gardening information is given for each crop - the obvious to the not so obvious - from potatoes and carrots to aubergines and chillies. What to grow when, what to grow where plus a calendar of work for the laziest to the most energetic allotment holder. With all the details on the cost of having an allotment, self-management, and protecting your allotment, this is the easiest guide to getting starting on allotment life. In addition to all the practical gardening techniques, the book has background information on local authority control, self-management options, and how to protect your allotment.



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