



Why Love Matters: How Affection Shapes a Baby's Brain (Paperback)

By Sue Gerhardt

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 2nd Revised edition. 196 x 128 mm. Language: English . Brand New Book. Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby's future emotional and physical well-being. Sue Gerhardt focuses in particular on the wide-ranging effects of early stress on a baby or toddler's developing nervous system. When things go wrong with relationships in early life, the dependent child has to adapt; what we now know is that his or her brain adapts too. The brain's emotion and immune systems are particularly affected by early stress and can become less effective. This makes the child more vulnerable to a range of later difficulties such as depression, anti-social behaviour, addictions or anorexia, as well as physical illness. Why Love Matters is an...



READ ONLINE
[3.41 MB]

Reviews

Comprehensive information! Its this type of very good read. It is written in basic words instead of hard to understand. You are going to like how the article writer compose this pdf.

-- **Mabel Corwin**

Extremely helpful for all group of men and women. it absolutely was written extremely perfectly and valuable. Your way of life span will be transform when you complete looking at this ebook.

-- **Prof. Trevor Torphy**