

## The Eq Edge: Emotional Intelligence and Your Success



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### ***Reviews***

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(Prof. Owen Sporer)*

## THE EQ EDGE: EMOTIONAL INTELLIGENCE AND YOUR SUCCESS



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Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. What does it take to be a firefighter? Fighter pilot? Top of the heap in the sales department? A brilliant customer service advisor? Esteemed and respected corporate leader? What does it take to get ahead? To separate yourself from the competition Lead a less stressful existence? To be fulfilled in personal life and professional pursuits? What is the most important dynamic of your makeup? Is it your A) intelligence quotient? Or B) emotional quotient? If you picked A, you are partly correct. Your intelligence quotient can be a predictor of things such as academic achievement. But it is fixed and unchangeable. The real key to personal and professional growth, and happiness, is your emotional quotient, which you can nurture and develop. The EQ Edge, by Steven J. Stein and Howard E. Book, shows you how the dynamic of emotional intelligence works. By understanding EQ, you can build more meaningful relationships, boost your confidence and optimism, and respond to challenges with enthusiasmall of which are essential ingredients of success. The book features case studies and fascinatingand surprisinginsights into EQ and the workplace. As an HR or line manager, this book will help you determine which personnel are the right fit for job opportunities and who among your staff will be the most promising leaders and drivers of your business. And because CEOs to front-line workers also have other rolesparent, spouse, caregiver to aging parents, neighbor, friendThe EQ Edge also describes how everyone can be more successful in these relationships.



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