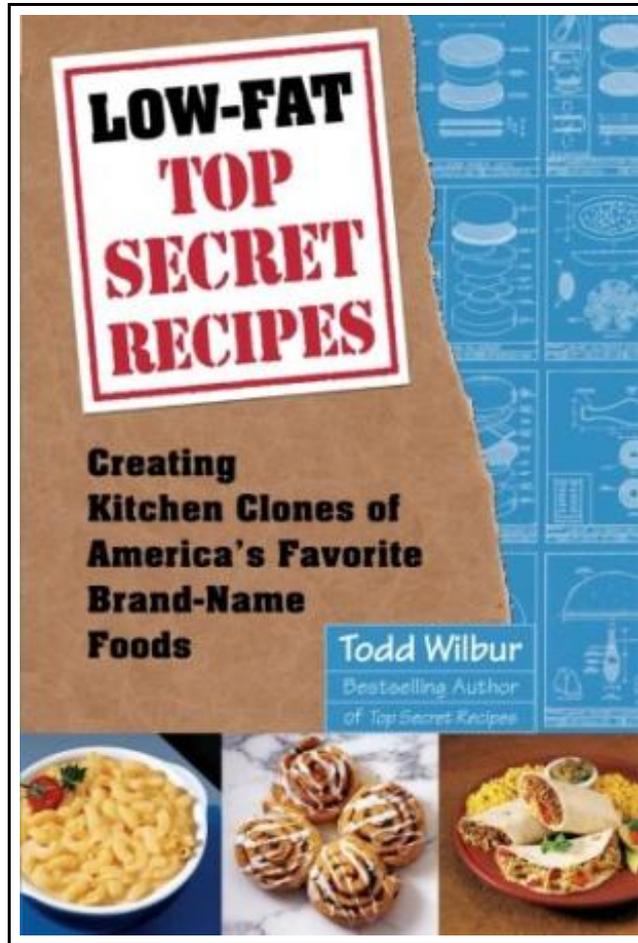


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Penguin Publishing Group, United States, 2000. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Todd Wilbur, the irrepressible restaurant recipe knockoff artist, is back. Thanks to Wilbur s latest Top Secret mission--to re-create some of America s most popular food products without the fat--readers can now feast guilt-free on their favorite snacks. The easy-to-follow recipes, along with Wilbur s patented blueprint illustrations, are guaranteed to produce healthier homemade treats that taste identical to the real thing--like Nabisco Reduced-Fat Oreo Cookies or Entenmann s Light Low-Fat Cinnamon Rolls. Wilbur also tackles some familiar restaurant delights, including Bennigan s Buffalo Chicken Sandwich, McDonald s Arch Deluxe and Egg McMuffin, and Wendy s Chicken Caesar Fresh Stuffed Pita--concocting them all at a fraction of the calories and at a fraction of the cost. Once again, the intrepid Todd Wilbur goes where no food writer has gone before--and proves that when it comes to providing recipes for food that diners really want to eat, he is the peoples choice.



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